

**TOWN OF FRISCO  
PROCLAMATION  
MAY 2022 IS “MENTAL HEALTH AWARENESS MONTH” IN FRISCO, COLORADO.**

WHEREAS, mental illnesses are common in the United States, and according to the National Institutes of Health (NIH) nearly one in five U.S. adults 18 and older live with a mental illness with the greatest prevalence of mental illness among young adults aged 18-25 years; and

WHEREAS, according to Mental Health America’s 2022 State of Mental Health in America report, Colorado ranked last in the country due to a higher prevalence of mental health issues and lower rates of access to care; and

WHEREAS, nearly two-thirds of all people with a diagnosable mental illness do not receive mental health treatment due to stigma, lack of community-based resources, inadequate diagnosis, or no diagnosis; and

WHEREAS, everyone is impacted by mental health challenges, including those who are experiencing illness and their friends, family, and community; and

WHEREAS, mental illness has been historically stigmatized, discouraging, and limiting access to care due to lack of support, misinformation, shame, and fear; and

WHEREAS, mental health is foundational to all health, including physical health, and must be considered a routine and necessary part of any health evaluation or exam; and

WHEREAS, when compared to other Colorado communities, the incidence of substance abuse and mental health indicators are elevated in Summit County; and

WHEREAS, in 2019, suicide was the tenth leading cause of death overall in the United States, claiming the lives of over 47,500 people, and it was the second leading cause of death among individuals between the ages of 10 and 34; and

WHEREAS, the most recent data available from the Centers for Disease Control and Prevention (CDC) show that in 2018, Colorado had one of the 10 highest suicide death rates in the nation; and

WHEREAS, Summit County has tragically lost beloved community members every year to death by suicide; and

WHEREAS, since its founding in 2016, Building Hope Summit County has made significant strides in coordinating an effective and responsive mental health system that promotes emotional health, reduces stigma, and improves access to care and support for everyone in Summit County; and

WHEREAS, Frisco Town Council wishes to thank the dedicated mental health professionals who serve in this community; and

WHEREAS, Frisco Town Council wishes to enhance public awareness of mental illness and support efforts to provide stigma free and efficient access to mental health care; and

WHEREAS, Frisco Town Council wants all community members to know that it is ok not to be ok and that seeking mental healthcare is a heroic act that has our community's full support.

**NOW, THEREFORE, MAY 2022 IS HEREBY PROCLAIMED TO BE MENTAL HEALTH AWARENESS MONTH IN FRISCO, COLORADO.**

**DATED THIS 10<sup>TH</sup> DAY OF MAY, 2022.**

TOWN OF FRISCO

By: \_\_\_\_\_  
Hunter Mortensen, Mayor

ATTEST:

By: \_\_\_\_\_  
Deborah Wohlmuth, CMC, Town Clerk